

# MSU STUDENT RESOURCE SURVIVAL GUIDE

## Relationship Violence, Sexual Assault & Sexual Harassment

### IMMEDIATE RESOURCES

#### **Relationship/Domestic Violence Services:**

- MSU Safe Place: 355-1100, [www.msu.edu/~safe](http://www.msu.edu/~safe), program email: [noabuse@msu.edu](mailto:noabuse@msu.edu)
- End Violent Encounters (EVE, Inc.): 372-5976 (business line), 372-5572 (24-hour crisis line), [www.eveinc.org/](http://www.eveinc.org/)
- Personal Protection Order Office: 483-6545

#### **Sexual Assault Services:**

- MSU Sexual Assault Program - Counseling Center: 355-3551(business line), 372-6666 (24-hour crisis line), [www.endrape.msu.edu](http://www.endrape.msu.edu)
- Listening Ear: 337-1728 (business line), 337-1717 (24-hour crisis line), [www.thelisteningear.net/](http://www.thelisteningear.net/)
- Sparrow Hospital SANE (Sexual Assault Nurse Examiner) Program: 364-3641
- Olin Health Center: 355-4510, [www.olin.msu.edu](http://www.olin.msu.edu)
  - HIV/STI testing
  - Emergency Contraception

#### **Response Review Initiative, members**

- Olin Health Center
- MSU Counseling Center – Sexual Assault program
- MSU Safe Place
- MSU Police
- Department of Student Life
- Department of Residence Life

#### **Sexual Harassment Services:**

- MSU Women's Resource Center: 353-1635, [www.wrc.msu.edu](http://www.wrc.msu.edu)
- MSU Office for Inclusion & Intercultural Initiatives: 353-3922, [www.inclusion.msu.edu/about](http://www.inclusion.msu.edu/about)

#### **Medical Services:**

- Olin Health Center: 355-4510, [www.olin.msu.edu/](http://www.olin.msu.edu/)
  - 24-hour nurse staffed line (resources and answering medical questions): 353-5557
- Sparrow Health System: 364-1000, [www.sparrow.org](http://www.sparrow.org)
- Ingham Regional Medical Center: 334-2121, [www.irmc.org](http://www.irmc.org)

### REPORTING

#### **To report a complaint against an MSU student:**

MSU students may consider utilizing the University's disciplinary process to report incidents of violence or harassment. The student judicial process is separate from the criminal justice system and, as such, can provide greater privacy and a less adversarial process than that which is found in courts of law. For more information, please call the Department of Student Life at 432-2471, or visit our website at:

[www.studentlife.msu.edu/current\\_students/judicial\\_affairs/report.htm](http://www.studentlife.msu.edu/current_students/judicial_affairs/report.htm)

#### **To report a complaint against an MSU employee:**

MSU students who have been harassed by or have been the victim of violence by a University employee have a variety of options at their disposal. For a review of your circumstances, and an opportunity to explore options, call (517) 353-8830 or visit [www.msu.edu/unit/ombud/](http://www.msu.edu/unit/ombud/)

#### **For Law Enforcement Services:**

- Call 911 for emergencies
- MSU Police: 355-2222, [www.police.msu.edu](http://www.police.msu.edu)
- East Lansing Police: 351-4220, [www.cityofeastlansing.com/govLinks.asp?catid=62](http://www.cityofeastlansing.com/govLinks.asp?catid=62)
- Meridian Township Police: 853-4800, [www.meridian.mi.us/POLICE/police\\_home%202.htm](http://www.meridian.mi.us/POLICE/police_home%202.htm)
- Bath Township Police: 641-6272, [www.bathtownship.us/departments/police.html](http://www.bathtownship.us/departments/police.html)
- Lansing Police: 483-4600, [www.lansingpolice.com](http://www.lansingpolice.com)
- Ingham County Prosecutor's Office and Victim Witness Unit: 483-6108

## DEFINITIONS

**Relationship/Domestic Violence** is a pattern of power and control that one person exercises over another in an ongoing, intimate relationship. Many tactics can be used in relationship/domestic violence, including emotional, physical or sexual abuse; isolation; economic control; threats; abuse of animals; and using children.

**Sexual Assault** is any type of sexual contact that is unwanted, nonconsensual, forced, or coerced. It can include incest, stranger assault, and acquaintance rape. Some tactics/behaviors used to facilitate a sexual assault may include: physical force, verbal or visual intimidation, abuse of authority, coercion or verbal manipulation, use of weapons, or the use of drugs or alcohol.

**Sexual Harassment** is unwelcome sexual advances, unwelcome requests for sexual favors, and other unwelcome behavior of a sexual nature when 1) submission to such conduct is made, either explicitly or implicitly, a term or condition of employment or status in a course, program, or activity; 2) submission to or rejection of such behavior is used as the basis for a decision affecting an individual's employment or participation in a course, program, or activity; or 3) such behavior is so severe, persistent, or pervasive that a reasonable person would find that it alters the terms or conditions of a person's employment or educational experience, or unreasonably interferes with an individual's work or performance in a course, program, or activity, thus creating a hostile or abusive working or educational environment. (Sexual Harassment Policy)

## IMMEDIATE CONSIDERATIONS IF YOU HAVE BEEN ASSAULTED or HARASSED

### **Relationship/Domestic Violence:**

- Seek medical attention if needed.
- Perform safety planning with an advocate, if possible, before leaving an abusive relationship or serving legal documents.
- Consider obtaining a Personal Protection Order if you are being stalked or abused.
- Consider that if someone is abusive to you, he or she might be monitoring your cell phone, emails, odometer, financial statements, etc.
- Document abusive behavior in a journal, with dates, times, and other details.
- Seek support from an advocate, counselor, friend or other supportive, safe person.

### **Sexual Assault:**

- Consider getting immediate medical care for your health needs (such as possible injuries, pregnancy, sexually transmitted infections (STIs), or HIV) and evidence collection.
- Contact the police. Even if you don't know if you want to follow through with a court case, the police can still document the information and collect evidence. The MSU Police Department encourages all victims to file a report.
- Do not shower, douche, urinate, brush teeth, or change/discard your clothes until evidence can be collected by Sparrow Hospital SANE program and/or the police. Try to preserve evidence even if you are unsure at the time whether to pursue pressing charges. Store any evidence you have in a paper bag.
- Once a police report is filed, let the police collect all of the evidence (clothing, sheets, condoms, etc).
- For suspected drug-induced assaults, get tested as soon as possible since the presence of drugs in blood or urine is short lived, sometimes as short as 12 hours. If needed, save urine in a clean container and refrigerate until it can be tested.
- Seek support from a sexual assault advocate/ counselor, close friend, family members, or another supportive, safe person.

### **Sexual Harassment:**

- In situations where you feel able, clearly advise the harasser that his/her conduct is unwelcome and that you expect it to stop. Be as specific as possible.
- Document harassing behavior in a manner that captures dates, times, and behavioral details.
- Seek information regarding sexual harassment from The Women's Resource Center or the Office for Inclusion and Intercultural Initiatives. Staff in those offices can assist you in better understanding your situation and possible next steps.
- Report the harassment to appropriate University authorities. Reporting the harassment is a necessary first step for both resolution and accountability.
- Seek emotional support from friends, family members, and/or professionals. Harassment can take an emotional toll interfering with work and/or academic performance.